

BEING, BELONGING & BECOMING

A HUMAN RIGHTS- BASED SUICIDE PREVENTION WORKSHOP



Facilitated by Jennifer Braga, B.A., M.P.A, This two-day, suicide prevention workshop is focused on strengthening connection, identity, and hope. Participants learn to recognize warning signs, respond safely, and link people to culturally grounded supports.

Certificates provided upon completion.

OPEN TO FRONT LINE WORKERS \$27.00 REGISTRATION FEE

LUNCH PROVIDED

AKRC MAIN OFFICE - 505 KAVANUAGH RD TO REGISTER EMAIL EXEC.ASSISTANT@AKRC.ON.CA